

가

# 가

:

## 1.

가 ( , 1985 : , 1985). 가 , 가 ( , 1983 : Bobak & Jensen, 1984).

가

가

( , 1990 : , 1986 : , 1993 : , 1993 : Roy, 1974).

가 가 가 가 ( , 1983 : , 1987 : , 1992 : , 1987 : , 1974 : , 1975).

가 , 가 가 ( , 1985, 183 ),

가

, 1987 : , 1992 : , 1987) 20 ( , 1985 : 28

가 가 , ,

**2.**

가 , ,

가 ,

- 1)
- 2)
- 3)
- 4)
- 5)

**3.**

1) 가

5 28 3  
, 20 , ,

93 8

2)

28 가 가  
21

3)

가 , ,  
19 5

4)

가 가 21 5  
,  
21 가 5

가 , ,

1. 24 28 600 1000g 가 (Bobak & Jensen, 1984 : Carp , 1990) (spontaneous abortion) (induced A) (threatened A) 가 (inevitable A) , (incomplete A) (complete A) . 28 2 , 3 ( , 1992 : , 1989). 60% , 30% 가 ( , 1989), ( , 1989 : , 1987 : Glass & Golbus, 1978), ( , , 1985 : , 1990), (Bobak & Jensen, 1984), ( , 1992) .

2. 가 , , 가 , , 가 가 ( , 1993 : , 1993). , 가 , , 가 , , 가 가 ( , , 1985 : , 1965).

3. , 가 ( , 1983 : , 1985 : , 1980 : , 1974 : , 1975). Betty Neuman(1980) (1992)





2)

10 (1985), (1984)  
 9 , 19 Likert Scale 5 . 19  
 1 , 4 , 3  
 5 , 3 , 4 , 3  
 ' 2 , ' 3 , ' 4 , ' 5 ' 1 , 가  
 Cronbach's .79 .

3)

7 Abdellah(1973) (1986), (1984),  
 (1972), White(1972), Williamson(1978) 14 ,  
 21 .  
 Likert Scale 5 , 1 , ' 2 , ' 가  
 ' 3 , ' 4 , ' 5 , ' , 1 , '  
 ' 2 , 가 ' 3 , ' 4 , ' 5 , '  
 . Cronbach's .89, .90 .  
 61 23 9 93

4.

1994 3 23 4 13 22 ,  
 가 가 46 ,  
 . 93 8  
 53 가 가 20 가 ,  
 , 1  
 40 . 6  
 72 가 , 10  
 62 가 .

5.

SPSS PC<sup>+</sup>  
 Item Analysis,  
 , , , ,  
 (descriptive statistics),  
 X<sup>2</sup>-test, ANOVA .

•

1.

/

1) 88.7%가 , 80.6%가 ,  
 12 19 14.9 , 68.4%가 .  
 12.9 , 1 5 가  
 가 70.9%, 6 10 가 22.6%, 16 17 4.8% 4.9 ,  
 가 61.3% , 1 33.9%  
 0.44 가 61.3% ,  
 1 3 가 29%, 4 6 가 9.6% 1.03 가 .  
 88.7%, 11.3% ,  
 1 2 가 40.3%, 5 7 가 9.6% 1.75 가  
 , 1 2 가 38.7% 1.1 가  
 , 51.6% .  
 , ' ' 34 3  
 , 28 ' ' , 2.6  
 .  
 64.5%가 , 1 . ' .  
 '가 61.3% 2 .

2) 8.31 , ,  
 58.1%가 .  
 가 77.4% , 64.5% .  
 3) 26.8 , 5.48 , 32.3 ,  
 가 77.4% ,  
 가 .  
 48.4%, 67.7%가 가 , 80.6% ,  
 가 53.2% , 82.3%가 가 .  
 35.1 , , 6.4%  
 . 53.2%, 12.9% , 1.6% .  
 5 가 35.5%, 41 4.8% , 15.8  
 (3 4 ) , (7 10 ) 2 5

2.  
 가 ' , 35.5%가 ' , , 29%  
 , 48.4% 1.1  
 . , (1991)  
 46.6% 가 ,

, ‘ ’ , 2 .  
 , 50%가 ‘ , 22.6%가 ‘ , 67.7% ‘ ’, 29%가 ‘  
 , ‘ ’ , 가 , 가  
 Clark (1975) 가 ( , 1933 :  
 Makanjuola, 1981 : McDonald, 1970).  
 가 , 1 ‘ 가  
 , ‘ ; ‘ ,  
 ‘ 가 ’가 45.2% , ‘  
 ’가 8.1% 가 , ‘ ’가 46.6%  
 , Ei  
 , 가  
 , 56.4%가 ‘ 가 ,  
 가 (1993) , 가, 가, 24.2%가  
 , 48.4%가  
 가 , ‘ ’ 37.1% 가 ,  
 ‘ ’ 27.4% ,  
 가 58.1%가 5 10 ,  
 25.8%가 11 20 ,  
 가 가  
 5 10 , 가  
 ,

3.

가 , , , < 4-5>, , ' 가



가 . ‘ (1.57) ‘ (2.05)

‘ (2.26)가 가

< 4-5> 3.77, 3.02,

2.67 , 2.13 가 가

82.3%r 가 가

‘ (2.11)가 가

4.

< 4-6> (3.51), (3.50),

(3.23), 92.99, (2.72)

(4.02)가 가 , ‘ ( ) 가 가

가 ’ 3.76, ‘ 가 ’ 3.56 가

‘ (1978), (1982), (1977) ’가 3.90 가 ,

‘ (3.36) ‘ ’(4.08) 가 ,

‘ (3.47)

(1992), (1987) ‘ ’(3.52) 가 ,

가 ‘ ’ (1992)

‘ ’(2.94) , ‘

‘(2.82), ‘

‘(2.31)

5.

4.24, 3.31 ,

가 .

1) 가 가 ‘ 가 ,

'(4.53), ' (1975) , '(4.53) , (1985), (1979),

< 4-6 >

( , )		4.02	1.06
가 가 가	3.51	3.76	1.28
가		3.56	1.39
가		2.71	1.44
*가	3.50	3.90	1.18
		3.63	1.22
		2.98	1.37
		4.08	1.12
	3.23	2.85	1.23
		3.47	1.42
		2.53	1.24
		2.44	1.28
		2.94	1.34
가 , 가	2.99	3.52	1.29
가 가		3.40	1.34
가		2.69	1.42
	2.27	2.94	1.29
		2.82	1.31
		2.31	1.09
		3.19	1.27

'(4.50) , (1980)  
 '(4.46) 가 가  
 '(3.69)  
 가  
 '(4.12) 64.5%가 , 56.5%가  
 가,  
 가  
 (1985) 가 2.51

3 4

2) 가 가 ‘ 가 , , (1985), (1979),  
 ’(4.53), ‘ ’(4.53) , (1975) , (1980)  
 ‘ ’(4.50) , (1980)  
 , ‘ ’(4.46) . 가 가  
 가 ‘(3.69)

‘(4.12) 64.5%가 , 56.5%가  
 , 가,  
 가  
 (1985) 가 2.51 .

3 4

2) 가 가 ‘ 가 가  
 ’(4.43) 5 (1980) , ,  
 ‘ , .  
 ’(4.33) 가 6 .  
 3 ‘ 가 ’(4.00)  
 18 (3.69) 가  
 가  
 4 ‘ ’(3.95) 1 (4.53)  
 5 ‘ ’(3.90)  
 14 (4.16) , ,

가 가 ‘ , , ’(2.12)  
 (4.12) , . 가  
 , (1985)  
 가 .  
 ‘가 가 ’(2.38)  
 가 .

'(2.50) ' 가 가 가 '(2.53)  
 < 4-7> 4.27 4.22

< 4-7>

(4 )	3.90	1.25	3.32	1.21
가	3.69	1.20	4.00	1.13
	3.93	0.93	3.66	1.25
가	3.87	1.87	3.50	1.30
가	4.12	0.98	2.12	1.16
(5 )	4.38	0.80	4.05	0.93
	4.41	0.80	4.43	0.95
	4.16	0.94	3.90	0.90
	4.40	0.75	4.33	0.50
	4.46	0.67	3.74	1.08
	4.50	0.82	3.83	0.90
(6 )	4.33	0.88	3.30	1.18
가	4.53	0.71	2.90	1.32
	4.32	0.91	3.46	1.26
가	4.43	0.88	3.71	1.17
	4.53	0.76	3.95	0.93
	4.06	0.95	2.62	1.14
가	4.12	1.06	2.38	1.27
(6 )	4.24	0.87	2.85	1.31
	4.35	0.87	2.98	1.28
	4.22	0.94	2.53	1.29
가	4.27	0.83	2.50	1.25
가	4.25	0.82	2.78	1.31
	4.24	0.91	3.22	1.40
가	4.12	0.85	3.08	1.34
	4.24	0.83	3.31	1.16

6.

21 4 , 5 ,  
 6 , 6 < 4-7> .  
 , , ,  
 , , ,  
 , 가  
 ,

가 .

가 , 5%  
< 4-8>, 가 가  
, 가 ,  
(F=4.03, P<0.05).

< 4-8>

			F
	95.92	6.60	
, 가	82.29	10.24	F=4.03*
	85.85	11.86	

p<0.05

가

1994 3 23 , 4 13 22 ,  
, 가 , 93 8  
, 62  
21 ( .77), 19 ( .79),  
21 ( .89 .90) Likert 5

88.7%가 19  
, 12.9 , 가 4.9 ,  
16 17 4.8% , .044 . 1.03 가  
, 1.75 , 1.1

34 3 , 28 2.6  
, 1 , 6.13%가 2.2  
, 5%가

26.8 , 5.48 , 32.3  
가, , 가 , 82.3%가 가

15.8%

1) 가 5 10  
, 가 ,

2) 가 , 가 가  
, 가 ,

3) 가 가  
( , ) , 가  
, , , , , ,

4) 가 가 가 가 가 가  
, 가 , 가 가  
, 가 가 가 가  
, 가 가 가 가 가 가  
, 가 가 가 가 가 가

5) T  
가

가 , ,  
(transform) ,  
가 가  
, 500 12 (94 3 16 94 3 23 ) 10  
, ,

가 , 가 , 가 , 가 , 가 .

< >

1. (1990). : .
2. 8 (986). : .
3. , (1985). : .
4. , 6 (1985). : .

< >

1. (1986). . , 3(1), 19- 29.
2. (1984). , .
3. Bobak, I. M., & Jensen, M. D.(1984). Essentials of maternity nursing, Toronto : Mosby.
4. (1984). 가 . , 46(2), 133- 138.
5. , 5 (1992). . , 35(2), 221- 228.
6. (1983). . , 26, 124- 130.
7. (1985). . .
8. , (1993). . , 23(4), 511- 527.
9. (1993). . , 36(2), 197- 204.
10. (1975). . , 5(2), 1- 9.
11. , (1982). 가 . , 25(10), 81- 19.
12. (1983). . .
13. 5 (1978). . , 2, 41- 63.
14. (1980). . .
15. (19910). . .

16. , 2 (1987). bata-HCG 2  
 , 30(1), 14- 15.
17. , 2 (1990).  
 , 33(4), 512- 519.
18. (1992).
19. (1983).
20. , (1993).  
 , 23(3).
21. (1977). , 7(2),  
1- 8.
22. (1983).
23. (1974). , 4(1),  
8- 9.
24. (1992).
25. (1986). , 15(5, 6),  
43- 56.
26. , (1989).  
32(2), 238- 242.
27. (1987). 가
28. (1975).  
 , 5, 93- 110.
29. (1985).

- Abstract -

**A Study on Emotions, Feelings of  
Discomfort, and Nursing Needs of the  
Women in the Possibility of Abortion :  
Centered on the Threatened Abortion  
and Habitual Abortion during**

# Hospitalization

Youn, In Sook

Youn, In Sook : Dept. of Nursing Administration Graduate school of Administration Hanyang University

Maternity nurses' roles are to find out women's various responses related to the health problems during pregnancy, to intervene adequate nursing and supports, and to help them adapt satisfactorily to new situation, such as hospitalization.

The purposes of this study are : firstly, to inquire about women's emotional status, feeling of discomfort, and the nursing need during hospitalization because of discomfort, and the nursing needs during hospitalization because of the possibility of abortion by threatened and habitual abortion : secondly, to provide fundamental data for developing adequate nursing intervention and improving hospital management.

The subjects of this study were 62 women who were hospitalized, visited out-patient clinic for follow-up, and stayed at home after discharge since August, 1993 from one hospital located in Seoul, from March 23 to April 13, 1994.

The questionnaire was consisted of 21 items of emotion(Reliability Cronbach's alpa, .77), 19 items of feeling of discomfort(.79), and 21 items of nursing needs (.89), and nurses' performance according to nursing needs,(.90). These were measured by using Likert Scale and analyzed by using SPSS / PC with the descriptive statistics, X<sup>2</sup>-test, and ANOVA.

Research findings are as follows :

1) The subjects' average age, hospitalized days, and gestational age are 32.2, 15.7, 12.9 by respectively.

2) 88.7% of the subjects are getting antepatal care, 66.1% are experiencing 1.75 times of spontaneous abortion, and 82.3% are nuclear family.

3) The Emotions were mainly comprized negative and subjective state of minds such as uneasiness, anxiety, and discomfort.

The domains of emotions were related to 'fetus', 'herself', 'hospitalization', and 'husband's 'families', in rank.

The highest scored item was "I, above anyone else, am mostly stressed from abortion."

4) The feelings of discomforts were firstly related to 'personal discomfort arising from absolute bed rest', 'meals provided', Usage of hospital, per se', 'health team', in rank.

5) The nursing needs frequently pointed out were 'Nurses kindly explain of me the purpose, method, and results of the lab. test', 'Nurses sincerely pay attention to my word in communication'.

The least nursing needs were 'Nurses observe my feces and whether I have

constipation or not'. 'When I can't move, nurses help me by holding my arms or pulling my bed'.

6) The highest performed items were 'Nurses observe whether I bleed or not', and 'Nurses give me drug with exact dose in time'.

The least performed items was about hospital environment, such as 'Temperature, ventilation & humidity in the room should be controlled'.

7) Besides religion that is related to nursing need with statistically significant difference, none of general characteristics were related to emotion, feeling of discomfort, and nursing needs.